



C R S C MEETING MINUTES
January 18, 2015

THE HEADLINES

Summary of Key Issues and Actions from the May Meeting

What You Need To KNOW	What You Need to DO
<p>EVENTS: See Appendix</p>	<p>Mile High: Valentine's Day Dance @ Ain't Dead Yet Unity Day</p> <p>Off the Wall: Fun Addicts Group Potluck March 8</p> <p>Pikes Peak: Sugar Skulls Italian Dinner & Speaker Meeting 2/13/15, 6:30 pm 2221 N. Wahsatch Ave Colo Spgs</p> <p>Serenity Unlimited: Moab Campout May 30</p>
<p>PROPOSALS: CRCNA retain \$2,500 until a decision is made as to if the seed money will be increased.</p> <p>Expenditure Voucher - \$1218. Was submitted for DOC (only for literature for libraries).</p>	<p>Consensus</p> <p>No consensus</p>

I OPENING ITEMS

- The meeting started at 10:00 am.
- Approval of Minutes from November was requested. Minutes approved.
- Birthdays were recognized: Ana H. 8 years

II AREA RCM REPORTS



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BOULDER

Next Boulder Area Meeting Feb 1st 617 Barberry St. Longmont

Boulder Area Meeting are doing well.

Open Position: Activities Chair

Clean Time Required: 1 year

Length of Commitment: 1 year

Duties include: see website

Open Position: H&I Chair

Clean Time Required: 2 year

Length of Commitment: 1 year

Duties include: see website

Big things happening in the Boulder P.I committee

The next one is

February 10, 2015 @5pm.

Public Information (PI) Sub-committee meets the SECOND Tuesday of every month at 5pm at OZO COFFEE Boulder-5340 Arapahoe Avenue

- Looking into flyers on the Boulder Area RTD
- Working with RMOMS
- Working very closely with Mile High P.I chair!!

Thanks for letting be of service

Vanessa R.

BRINGING FREEDOM EAST:

No report submitted

MILE HIGH:

NO REPORT SUBMITTED

Successful events. Thanksgiving dinner was fun & all had fun. Attendance less due to change of date & location.

New Years event was not as successful. Upcoming events coming. VDay dance at ADY & Unity Day coming up.

Mentioned straw poll votes. Mile Hi was in favor of allowing basket to be passed at CRCNA. Was not in favor of chairs moving funds from one committee to another.

MOUNTAINS WEST

NO REPORT SUBMITTED

OFF THE WALL:

Happy New Years to all. The Fun Addicts Group is having a potluck on March 8th starting at 6pm, speakers at 7pm.

We continue in our H&I and PI efforts, nothing new to speak of. Our groups did decide to keep the Merchandise sub-committee after some requests to possibly let it go. We have a new activities chair, Jacob R, and new RCM,

John K, and Cathy M as our CRCNA liaison. It looks as though the Area was hoping to keep the Barn Dance. The vote on allowing CRCNA to pass the basket went as such: 2 No, 6 yes, 9 abstentions – we are in favor of allowing CRCNA to do so. We have a few changes for the Regional meeting schedule; these will be given to Autumn.



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ILS,
James R

PIKES PEAK:

Good morning. I am the new RCM for Pikes Peak. I will continue to take minutes until my commitment is up in April. I'm glad to continue to do service with you all in this committee. I apologize for not being present; I have had a death in my family. Pikes Peak Area has an Italian dinner planned for February 13, 2015 at 6:30 pm at 2221 N. Wahsatch Ave., Colorado Springs. The theme will be sugar skulls and hearts---Friday the 13th meets Valentine's Day. The cost will be \$7 per person. There will also be a speaker meeting and dessert walk. Our donation of \$439.24 will be sent to the PO Box. There isn't much more to report at this time.

ILS,
Erin J-E

SERENITY UNLIMITED :

Greetings from Serenity Unlimited,

Moab is becoming an integral part of SUANA even as they have trimmed back their number of local meetings. The annual Moab campout will take place May 30 at Big Bend on River Rd. Moab has recently been reaching out to and supporting Monticello.

Our Area has a new Literature Chair, Jill P. We still need an Area Treasurer.

H & I is working on entry to the Mesa County Jail. Also in the works is a possible meeting at the VA Hospital in GJ. Jayme S has accepted our invitation to come to our March 14 Area Meeting in GJ. She will be discussing the new Service Structure and possibilities for implementation in rural areas. In addition, we have asked her to address our ongoing shortage of women sponsors, as this remains a real problem. Our Area wants to extend an invitation to other women in our Region who'd be willing to come to GJ on March 14 to help with this.

Finally, in addition to our weekly Traditions Meeting we are starting a Traditions Book Project Brainstorming workshop on Sunday evenings.

We have no donation to Region today.

In loving service, Michael H & Jake J.

SOUTHERN:

NO REPORT SUBMITTED

Southern area doing well. SS survivors experiencing meeting decline & 7th tradition. This has prompted a group inventory process. Alamosa now has 2 groups with a total of 4 meetings. Canyon City common thread group has now moved to Southern area. \$600 some odd dollars donated.

IV CHAIR REPORT

Welcome to the January Regional Meeting of Narcotics Anonymous,

This month we have a lot of business to conduct. I ask for your assistance in helping us to continue to remain solution oriented and moving forward. I would like to thank all of you for taking on the service positions last time we met. We almost have them all filled. Please remember if you have questions in your new service positions there is a large amount of experience here, all you have to do is ask.

As always, it is my pleasure to be a part of such a fantastic committee and I thank all of you for allowing me the opportunity to serve.



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Kyle A.

V VICE-CHAIR REPORT

No report submitted

VI SECRETARY REPORT

NO REPORT SUBMITTED

VII OPENING CRSC TREASURER REPORT

CRSCNA TREASURER'S ENDING REPORT --- December 31, 2014

Area Donations Total	\$	4,927.60		
Group Donations Total	\$	<u>1,612.21</u>		
Donations Total			\$ 6,539.81	
Anonymous Donation	\$	-		
CRRMCO	\$	1,059.08		
WSLD	\$	3,267.49		
CRCNA XXVI	\$	<u>4,701.55</u>		
Other Income Total			\$ 9,028.12	
		TOTAL INCOME		\$ 15,567.93
Administration Total	\$	3,299.83		
Regional Delegate Team Total	\$	2,702.34		
CNAC Total	\$	500.00		
PR Total	\$	<u>3,190.04</u>		
			\$ 9,692.21	
Other Expenses Total			\$ 7,800.00	
		EXPENSES TOTAL		\$ (17,492.21)
			GAIN/LOSS	\$ (1,924.28)
		OPENING BALANCE - January 1, 2014		\$ 7,590.97
		Ending Balance - November 16, 2014		\$ 5,666.69



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2014 YTD Income and Expense Report			
OPENING BALANCE - January 1, 2014		\$ 7,590.97	
INCOME			
Area Donations			
Boulder Area	\$ 2,580.47		16.6%
Bringing Freedom East Area	\$ -		0.0%
Mile High Area	\$ 476.00		3.1%
Mountain High Area	\$ -		0.0%
Mountains West Area	\$ -		0.0%
Off The Wall Area	\$ 1,097.66		7.1%
Pikes Peak Area	\$ 608.47		3.9%
Serenity Unlimited Area	\$ 75.00		0.5%
Southern Area	\$ 90.00		0.6%
Area Donations Total	\$ 4,927.60		31.7%
Group Donations			
Still Awake/Still Dreaming	\$ -		0.0%
Continued Lullation - Unity Day	\$ 800.00		5.1%
Crestone NA Group	\$ 40.00		0.3%
Living Clean - Carbondale	\$ 10.00		0.1%
Golden Group	\$ 100.51		0.6%
Just Can't Miss It	\$ 9.13		0.1%
Ain't Dead Yet	\$ 443.57		2.8%
Halibearers Group	\$ 39.00		0.0%
Recovery at Noon	\$ -		0.0%
Northern Lights Group	\$ -		0.0%
Young at Heart	\$ 170.00		1.1%
Group Donations Total	\$ 1,612.21		10.4%
Other Income			
CRHMCOJ	\$ 1,059.08		6.8%
WLSU	\$ 3,267.49		21.0%
CRUNA XXVI	\$ 4,701.55		30.2%
Other Income Total	\$ 9,028.12		58.0%
TOTAL INCOME		\$ 15,567.93	100.0%
EXPENSES			
Budget Expenses:			
ADMINISTRATION (ADM.)			
Administration Contingency Fund			0.0%
Support for Groups			0.0%
CRSC Meetings - Space Rental	\$ 250.00		1.4%
Office Supplies & Expenses	\$ 41.16		0.2%
Regional Assembly Expenses	\$ 887.67		5.1%
Regional Post Office Box Rental (2014)	\$ 100.00		0.6%
Regional Storage Shed Rental (2014)	\$ 972.00		5.6%
Liability Insurance	\$ 1,048.00		6.0%
	\$ -		0.0%
Administration Total	\$ 3,299.83		18.9%
REGIONAL DELEGATE TEAM (RD/ROA)			
Miscellaneous Supplies & Expenses	\$ -		0.0%
Regional Delegate Team Travel	\$ -		0.0%
Conference-RDA	\$ 1,232.34		7.0%
Rocky Mountain Zonal Forum Expenses	\$ 1,470.00		8.4%
Regional Delegate Team Total	\$ 2,702.34		15.4%
CNA/C			
Accountant	\$ 500.00		2.9%
Attorney	\$ -		0.0%
Rent	\$ -		0.0%
Copies & Miscellaneous	\$ -		0.0%
Public Relations Total	\$ 500.00		2.9%
PUBLIC RELATIONS (PR)			
Administration	\$ -		0.0%
Hospitals & Institutions	\$ 1,107.86		6.3%
Outreach & Fellowship Development	\$ -		0.0%
Public Information	\$ 1,816.53		10.4%
Website	\$ 265.65		1.3%
Public Relations Total	\$ 3,190.04		18.2%
Other Expenses:			
WLSU	\$ 500.00		2.9%
NAWS Donation 2014	\$ 500.00		2.9%
NAWS Donation 2014	\$ 4,000.00		23.9%
WLSU	\$ (500.00)		-2.9%
Liability Insurance	\$ 300.00		1.7%
NAWS Donation 2014	\$ 3,000.00		17.2%
	\$ -		0.0%
	\$ -		0.0%
Other Expenses Total	\$ 7,800.00		44.6%
EXPENSES TOTAL		\$ (17,492.21)	100.0%
Beginning Balance - December 2014		\$ 5,666.69	



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CRSCNA Budget Report - 2014			
	Budget	Actual	Variance
ADMINISTRATION (ADM)			
Administration Contingency Fund	100.00		100.00
Support for Groups	350.00		350.00
CRSC Meetings - Space Rental	250.00	250.00	-
Office Supplies & Expenses	100.00	41.16	58.84
Regional Assembly Expenses	1,000.00	887.67	112.33
Regional Post Office Box Rental (2014)	100.00	100.00	-
Regional Storage Shed Rental (2014)	1,000.00	972.00	28.00
Liability Insurance	1,000.00	1,049.00	(49.00)
Administration Total	\$ 3,900.00	\$ 3,299.83	\$ 600.17
REGIONAL DELEGATE TEAM (RD/RDA)			
Miscellaneous Supplies & Expenses	50.00		50.00
Rocky Mountain Zonal Forum-RD	650.00	820.00	(170.00)
Rocky Mountain Zonal Forum-RDA	650.00	650.00	-
Conference-RD	-		-
Conference-RDA	1,700.00	1,232.34	467.66
Regional Delegate Team Total	\$ 3,050.00	\$ 2,702.34	\$ 347.66
CNAC			
Accountant	500.00	500.00	-
Attorney	500.00		500.00
Rent	100.00		100.00
Copies & Miscellaneous	100.00		100.00
CNAC Total	\$ 1,200.00	\$ 500.00	\$ 700.00
H&I			
Literature	900.00	1,080.48	(180.48)
Travel	100.00		100.00
Meeting Space	100.00		100.00
Print Postage	100.00	27.38	72.62
H&I Total	\$ 1,200.00	\$ 1,107.86	\$ 92.14
Web Subcommittee			
Web Hosting/Domain Fees	300.00	265.65	34.35
Virtual Meeting Fees	468.00		468.00
Web Subcommittee Total	\$ 768.00	\$ 265.65	\$ 502.35
PI Subcommittee			
Meeting Space	150.00	131.73	18.27
Literature	550.00	379.80	170.20
Printing	120.00		120.00
Professional Conferences-Literature	100.00		100.00
Professional Conferences-Room Rental	-		-
Professional Conferences-Food	-		-
CO State Fair-Booth/Electric/Insurance	1,350.00	1,305.00	45.00
CO State Fair-Literature	500.00		500.00
PI Subcommittee Total	\$ 2,770.00	\$ 1,816.53	\$ 953.47
Total	\$ 12,888.00	\$ 9,692.21	\$ 3,195.79



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Area Donations Total	\$ 1,853.34		
Group Donations Total	\$ 108.79		
Donations Total		\$ 1,962.13	
Anonymous Donation	\$ -		
CRRMCO	\$ -		
CRCNA XXVI	\$ 4,701.55		
Other Income Total		\$ 4,701.55	
	TOTAL INCOME		\$ 6,663.68
Administration Total	\$ 1,915.95		
Regional Delegate Team Total	\$ 278.00		
CNAC Total	\$ (200.00)		
PR Total	\$ 1,275.19		
		\$ 3,269.14	
Other Expenses Total		\$ 1,000.00	
	EXPENSES TOTAL		\$ (4,269.14)
		GAIN/LOSS	\$ 2,394.54
	OPENING BALANCE - January 1, 2014		\$ 7,590.97
	Beginning Balance - May 17, 2014		\$ 9,985.51

VIII RD REPORT

NO REPORT SUBMITTED

Input & review for tradition 1 will close on January 31. If you still have not submitted anything from 1-3 probably too late.

New products from NAWS. WICNA merchandise deeply discounted. April assembly workshop to welcome all members.

IX CNAC REPORT

NO REPORT SUBMITTED

X CRCNA XXVII REPORT

The first planning meeting for CRCNA 29 was held Jan 10. I am excited to report that every position was filled!

- H&H-Coy P. (Mile High)
- Programs-Jim M. (Off the Wall)
- Print & Display-Adam C. (Mile High)
- F&E-Vale A. (Mile High)
- Merchandise-Darrin M. (Mile High)
- Registration-Michelle W. (Mile High)
- Convention Info. & Web-Autumn K. (Boulder)



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H&I- Ben S. (Boulder)

There were also liaisons present from 3 areas!

Boulder- Vanessa R.

Off the Wall-Cathy M.

Pikes Peak-Ty P.

The theme and logo contest is underway. The cutoff date for submissions is April 1. We also discussed that Pancake Breakfast. Vale and myself met at a possible venue last week and are working hard to secure the location.

The call for speakers flyer is coming very soon. Please help us get the word out early that we need people to speak. The more suggestions we have, the better we can provide a program with a strong recovery based line up of speakers.

In loving Service,

Mike P.

XI COLORADO REGIONAL CAMP OUT COMMITTEE REPORT

The first meeting of the CRRMCO 4 committee will be at noon on Sunday, February 1st, at 1212 Mariposa before the Mile High Area meeting. We will be electing sub-committee chairs and beginning the planning of this year's camp out. We will begin accepting ideas for theme and logo as well as suggestions for speakers. Please spread the word. I have flyers to announce that meeting. Information for or questions about the campout can be emailed to campout@nacolorado.org.

I have reached out the prior year committee members to get them to share their experience with this year's committee. We will be arranging to deal with bank account signers in the near future.

The dates of this year's campout are June 19th to the 21st. It will be at the same location as prior years, Printer Boy Campground at Turquoise Lake near Leadville.

Thank you for allowing me to serve

Mike H

XII H&I REPORT

NO REPORT SUBMITTED

XIII PI Report

I am honored to be of service. Thank you. I am anxious to be a part of the Colorado region. To begin this position I have been talking with Tawni and gathering experience strength and hope from other PI Chairs. I am getting up to speed on policies and procedures regarding to budget.

To begin my service position, I will be reaching out to area PI chairs and attending at least one of their meetings in their area to establish relationships and lend support.

Las moth I attended the Mile High PI meeting and was inspired by their energy and the wonderful list of events such as the library project, fairs, and advertising.

I had the privilege to meet the Boulder PI chair who attended the Mile High PI meeting and was again inspired by her energy and love of the fellowship. She is new to PI and we are excited to have her. She has already doubled her meeting attendance and we look forward to supporting her in every way possible.

Yesterday we had a Virtual PR meeting that was thought provoking and informative and efficient.

Grand Junction PI is doing some amazing things such as quarterly symposiums, service IP's and brainstorming for



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the 2015 year. I am excited to meet them in person.

Pikes Peak is still without a PI chair but the Area Chair was gracious enough to meet with us as she wanted to keep her area in the loop. I look forward to meeting with Pikes Peak as well as they are HUGE contributors to the Colorado State Fair and this event could not go on without them. Colorado Springs is looking into free newspaper ads and PSA's for PI.

Off the Wall was unable to attend the PR meeting, but I will be reaching out to them and their work on the PSA's. After the meeting we decided there was a need for a PSA meeting. We will be coordinating this and hope to have it set by next month as many of the areas are looking into this. We have decided to pool our resources and get this off the ground.

We welcome any comments or suggestions and thank you for letting me be of service. We are also looking for a Regional PI ice Chair.

In loving Service,
Patty P

XIV PR REPORT

Greetings from the Regional Public Relations Committee,

- * We are very excited to have our new PI Chair Pattie P. on board.
- * We had a virtual meeting yesterday and we had great participation. Participants were Serenity Unlimited, Boulder, and Southern along with Pattie and myself.
- * Please keep in mind and announce that the Regional PR Coordinator, H & I Chair, PI Chair and Web servant will all be up for election at the April 2015 Assembly. We would love to see some new faces get involved!
- * We will be working on our internal guidelines and would like to help to simplify our description in the CRSC Guidelines. Our goal is to bring the proposed guidelines and changes to the CRSC guidelines to the March Regional meeting to be voted on at the April Assembly.

2014 projects done

- * Colorado State Fair Booth- 300 people stopped at the booth and we had 14 Professional contacts.
- * PI and H&I workshops at CRCNA.
- * Switched to a free virtual meeting system from a 500.00 per year one.
- * Switched to virtual meetings to expand participation and time management.
- * Literature and support given to Area H&I committees
- * Literature and support given to Area PI committees.
- * Maintain our awesome new website.
- * Literature given to DOC facilities
- * Prepared proposed budget for 2015
- * Created gmail accounts each subcommittee for ease of use and consistency.

Next PR Meeting will be a virtual meeting on:

Saturday March 21, 2015

PI 12:00- 1:00

Web/PR 1:00-2:00

H&I 2:00-3:00

If you would like to participate please contact me with your email address so that an invite can be sent. We are using Any Meeting.

In Loving Service,
Tawni C./PR Coordinator
720-838-5738



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tawnicorc@gmail.com

XV WEBMASTER REPORT

NO REPORT SUBMITTED

Doing well. No rep from Mountains West & has been receiving requests to change meetings not sure whether or not to do such.

XVI CRCNA GUIDELINES Ad-HOC

SEE ATTACHMENT

XVII OLD BUSINESS

Discussion regarding transfer of funds between committees. Tawni questioned whether or not old/current procedures are still working and will be in place (re: line items). Should not be transferring funds from subcommittee to subcommittees.

XVIII NEW BUSINESS

Coy – New P.O. Box paid for & Coy proposes we update this contact info because Alan S. who was treasurer 6 yrs ago. Maybe we change in April when we have new Treasurer.

CRCNA GUIDELINES ROLLOUT – ANA H

Mile Hi & Off the Wall: both are in favor for passing the basket at CRCNA.

Changes went over (in red or strike-throughs) – ATTACHED

Some of these changes in guidelines will have to be reflected in Regional guidelines.

Mike H to prepare matching Regional guidelines.

Discussion on whether or not we have decided what tier we are. Kyle reviewed guidelines. It was decided that Tier 3 is the tier we fall into.

XIX PROPOSALS

Written proposal by Tawni submitted requesting CRCNA retain \$2,500 until a decision is made as to if the seed money will be increased. Consensus was reached.

Expenditure Voucher - \$1218. Was submitted for DOC (only for literature for libraries).

Favorable = 4, Opposition = 7 No consensus

XX ENDING CRSC TREASURER REPORT



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CRSCNA TREASURER'S ENDING REPORT --- January 18, 2015

Area Donations Total	\$ 465.65		
Group Donations Total	\$ -		
Donations Total		\$ 465.65	
Anonymous Donation	\$ -		
CRRMCO	\$ -		
WSLD	\$ -		
CRCNA XXVI	\$ 7,775.02		
Other Income Total		\$ 7,775.02	
	TOTAL INCOME		\$ 8,240.67
Administration Total	\$ 293.00		
Regional Delegate Team Total	\$ -		
CNAC Total	\$ -		
PR Total	\$ 20.00		
		\$ 313.00	
Other Expenses Total		\$ -	
	EXPENSES TOTAL		\$ (313.00)
		GAIN/LOSS	\$ 7,927.67
OPENING BALANCE - January 1, 2015			\$ 5,637.60
Ending Balance - January 18, 2015			\$ 13,565.27